

Global Resilience Training 23 years of listening

Helping people working in Relief, Development & Mission to mitigate risk, bolster resilience and increase the effectiveness of teams with robust training solutions.

InterHealth has teamed up with British Red Cross, Royal Geographical Society, RedR UK and Amani Counselling Centre & Training Institute to deliver robust training solutions to common problems in the field.

First Aid & Travel Health (Two day)

In partnership with British Red Cross 20-21 June 2012

Develop advanced practical skills and a robust in-depth knowledge of how to respond to unexpected events. This course provides ample time for learners to apply and practise skills.

Field Security & Resilience (Three day)

In partnership with RedR UK
19-21 September 2012

This programme will equip staff with the necessary skills and knowledge to maintain safety, security, and physical and psychological resilience in high-pressure field settings.

Psychological First Aid (One day)

24 October 2012

This workshop, based on the latest research into risk and resilience, provides practical and effective strategies for supporting colleagues and team members in the immediate aftermath of critical incidents.



What people say...

Hanna Peltonen, Merlin

"I found the Psychological First Aid training provided by InterHealth very useful in my role when debriefing staff returning from the field. I am now able to determine if the staff member requires further support and how I can assist them in gaining it."

www.interhealth.org.uk/training.html info@interhealth.org.uk tweet us @interhealth + 44 (0) 20 7902 9006